

Greetings from Physical Education!

As you know Track and Field Day is quickly approaching. This year we are continuing a wonderful program called *Relay Recess*. In the days immediately before and after Track and Field Day, students will be engaged in learning activities within their classrooms focusing on nutrition, physical activity, sun safety and tobacco prevention. The classroom activities and learning opportunities provided will complement existing health education efforts at Clarion Area as well as provide our students with an outstanding character-building experience as they become part of the world's largest movement to end cancer.

These days will be themed as follows:

- Tuesday May 26 - Sun Safety Day (Wear something **purple**.)
- Wednesday May 27 - Physical Activity Day (Wear **Track and Field Day** team colors.)
- Thursday May 28 - Nutrition Day (Wear something **green**.)
- Friday 5/29 - Tobacco Prevention Day (Wear something **orange**.)

During the afternoon of Track and Field Day, students will have the opportunity to participate in the Relay Recess event which will involve all elementary students walking around our school grounds in unity to show support and solidarity for those battling cancer and to remember loved ones lost to this disease. Students will also be displaying their classroom banners they make in tribute to those who have faced cancer personally. This will be a solemn time of reverence and your child's classroom teacher will discuss the characteristic of empathy with your son or daughter before the event.

Beginning Monday May 18, (the school week prior to Relay Recess Week) we will begin our fundraising initiative. We would like to encourage each student to donate \$1.00 to the American Cancer Society. We understand many folks have been affected by cancer and feel compelled to donate more and that is greatly appreciated. Through last year's efforts we were able to raise \$641 for the Society. Therefore, this year we will aim to raise \$750. Students will have to 12:00 pm on Wednesday May, 27 (Track and Field Day) to contribute to this great cause. Following the event we will present all collected donations to our local chapter of the American Cancer Society.

Thank you for being a true lifesaver by supporting healthy lifestyles with your children and the American Cancer Society!

Sincerely,

Mr. Taneyhill, Physical Education Teacher
Clarion Area Elementary School